

HEALED AND MADE

SESSION 02 WITH MARK WARREN

*Our healing and wholeness
is available because Jesus
died on the cross.*

WHOLE

ALL TOO OFTEN WE HEAR OF ANOTHER FAMILY MEMBER OR FRIEND WHO HAS BEEN DIAGNOSED WITH SOME SORT OF SICKNESS OR DISEASE. WE SAY A PRAYER, BUT DO WE EXPECT A HEALING? IN THIS SESSION YOU WILL BEGIN TO SEE SICKNESS AND BROKENNESS FROM THE PERSPECTIVE OF SCRIPTURES. JESUS WANTS US TO EXPERIENCE BEING SAVED BY HEALING OUR BROKENNESS AND SICKNESS AND TO PRAY, EXPECTING TO SEE OTHERS HEALED.

"In my late twenties I attended a worship leaders conference. During the conference, one of

the speakers on the platform said, 'There is a person in the audience who has a dairy intolerance, and the Lord wants to heal them.'

I had grown up my whole life with a dairy intolerance, in that moment my heart leapt and I thought, 'Could it be? Could it be that I could be healed of this intolerance?'

To be honest, I didn't receive a full healing that day. I didn't truly believe that God could actually heal me. But today, I thank Jesus each time I eat ice cream, without any negative effects. Today I am healed!"

- Mark Warren

When you read the scriptures, you see that Jesus not only wants to heal people, but He wants to use other people to bring His healing to them.

In Acts 3:6-8 is a story of Peter healing a lame man. *"But Peter said, 'I have no silver and gold, but what I do have I give to you. In the name of Jesus Christ of Nazareth, rise up and walk!' And he took him by the right hand and raised him up, and immediately his feet and ankles were made strong. And leaping up he stood and began to walk, and entered the temple with them, walking and leaping and praising God."* In this instance Jesus used Peter to heal the man.

Then, in Mark 10:52 Jesus tells a man, *"...Go your way; your faith has made you well." And immediately he recovered his sight and followed Him on the way.* The phrase "made you well" in the Greek is translated as **sozo**. In Luke 8:36 it says, *"And those who had seen it told them how the demon possessed man had been healed."* The word in that verse "healed" also means **sozo**: salvation, healed and made whole.

Jesus' desire is to **heal** and to make us **whole**. Sometimes we feel like the things that we

suffer in our bodies we have to continue to suffer with.

What if Jesus' desire is to heal us and make us whole? He does. Jesus' **death** and resurrection bought our freedom, not only over sin, but over our **sickness** and **brokenness**. Jesus purchased our freedom so that we would be made whole and be healed. Jesus wants us to **pray** for the sick and to **expect** to witness a **healing**.

When you begin to realize that Jesus lives in you and is the one to bring the healing, our only responsibility is to pray and trust that He will do the healing.

Not every time that we pray for someone will they be healed. Let Jesus be Jesus, and trust that He'll bring the healing when and how He wants to. He does want us to believe in faith that He can do it. That's why we need to be expectant when we pray for someone. If the healing doesn't happen then and there, don't be discouraged, trust that He is good and that He knows what He's doing. It's Jesus' Spirit who lives in us, that does the healing **through** us. God's desire is that we are made whole in our **body, mind, and spirit**.



FILL IN THE BLANK

Jesus' desire is to _____ and to make us _____. (*Matthew 8:14-17*)

Jesus' _____ and resurrection bought our freedom, not only over sin, but over our _____ and _____. (*Isaiah 53:5*)

Jesus wants us to _____ for the sick and to _____ to witness a _____. (*Mark 16:17-18*)

It's Jesus' Spirit who lives in us, that does the healing _____ us. (*Galatians 2:20*)

God's desire is that we are made whole in our _____, _____, and _____. (*1 Thessalonians 5:23, Psalm 34:17-22*)v



ROBBERS

The statements below are designed to help you identify the areas of your life the enemy is robbing from you. Take a few moments to reflect on the statements. Circle or highlight the statements that apply to you. If you are doing this study with a group, discuss these false statements or questions.

I deserve this disease or sickness.

I prayed before and nothing happened.

I am not good enough for God to heal me.

I have seen "Healers" on TV and I think it's fake.

I need to get my life right before Jesus can heal me.

I am too broken for Jesus to "fix" me.

Does Jesus care about my "small" problems?

LIVING SOZO

JESUS DESIRES THAT WE LIVE HEALED
AND THAT WE ARE MADE WHOLE.
OUR HEALING AND WHOLENESS IS
AVAILABLE BECAUSE JESUS DIED ON THE
CROSS. RECEIVE PRAYER FOR HEALING
AND PRAY FOR OTHERS TO BE HEALED.





DAILY DEVOS

On the following devotional pages, we provide scriptures to read and reflect on between sessions—five days worth of reflections to keep God’s Word (the Bible) near your heart. This provides you with a chance to slow down, read a small portion of scripture each day, and reflect and pray through it. You’ll then have a chance to journal your response to what you’ve read. Use this section to seek God on your own throughout the week. This time should begin and end with prayer. Don’t be in a hurry; take enough time to hear God’s direction.

DAY 1: THE POWER OF SHALOM

"And these signs will accompany those who believe...they will lay their hands on the sick, and they will recover."

Mark 16:17-18 ESV

"He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning, nor crying, nor pain anymore, for the former things have passed away."

Revelation 21:4 ESV

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God's original design for humanity has always been wholeness. The root of the Hebrew word "shalom" is wholeness, which refers to making restitution. For example, if someone wronged you by stealing something from you, it would be their responsibility to pay back what was rightfully yours and return you to a state of shalom, or wholeness without deficiency.

In Genesis, God uses the word "good" seven times to describe His creation. The Hebrew word for "good" in this chapter is "tov", which means good, beautiful, working the way it's supposed to, without sin, death, or pain. The concepts of pain, sickness, and disease were not introduced until after the fall of man, when the enemy deceived humanity and stole the life of wholeness God intended for us.

Fast forward to Revelation where we read that when all is said and done, the old order of things will have passed on. Even though the enemy tried to steal our wholeness by plaguing us with sickness, pain, and disease, God sent Jesus to bring us back to our original design.

God's desire is that we live a life of shalom, a life of wholeness. Are there places in your life where you are not living in a state of wholeness? Take a moment to ask God to show you those places and to begin to bring wholeness back into your life so you can start living a life of shalom.

DAY 2: WAITING ON A HEALING

"Then Jesus answered, 'Were not ten cleansed? Where are the nine? Was no one found to return and give praise to God except this foreigner?' And he said to him, 'Rise and go your way; your faith has made you well.'"

Luke 11:17-19 ESV

The reality is, there are sick people all around us, and sometimes when we pray, nothing happens! While we can't pretend to know all the reasons why people don't get instantly healed, we can look at some examples in scripture that explain why someone may not be instantly healed.

In Matthew 17, Jesus instantly heals a boy with epilepsy. Jesus lets the disciples know that they couldn't heal the boy because they had so little faith. There are many examples in scripture of Jesus healing those who came to Him in faith, as well as examples where Jesus could not perform the miracles he wanted to because of the person's lack of faith.

The book of Mark provides another possible reason for delay in healing in his telling of the same story—healing that only comes to fruition through prayer. Jesus tells the disciples they could not drive out the

demon in the boy with epilepsy, because this kind of healing only comes out by prayer.

Another reason a healing may be delayed is because God is wanting to get to the heart of the person. What good is it if God heals their body but their soul remains dead? They receive from God what they needed, but then forget about Him altogether, as in the story of the ten lepers. God wants people to be made whole in their entire being; spirit, soul, and body, and sometimes in the process of waiting for the healing, their relationship is being restored with the Healer.

As believers in Jesus, we have been given the same power, authority, and call, as the very first disciples whom Jesus commanded to heal the sick. If you've been asking but haven't seen the healing yet, keep believing! God is at work even when we can't see or understand, and He is always faithful to fulfill His Word.

DAY 3: MADE WHOLE IN YOUR BODY

"Then he released for them Barabbas, and having scourged Jesus, delivered him to be crucified."

Matthew 27:26 ESV

"But he was pierced for our transgressions; he was crushed for our iniquities; upon him was the chastisement that brought us peace, and with his wounds we are healed."

Isaiah 53:5 ESV

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Jesus endured unimaginable bodily suffering leading up to his crucifixion. He was spit on, struck, beaten, and scourged.

God is sending a clear message to all who will receive Him: your sickness, disease, and pain have been paid for!

In Roman tradition, scourging was one of the most gruesome physical punishments and was done to criminals before they were crucified.

Take time this week to receive prayer for healing and to pray for others to be healed. It's God's desire that we walk in healing and wholeness.

The Roman scourge was a short whip made of 2-3 leather ropes, knotted with small pieces of metal, bronze and bones with a hook attached at the end, for the purpose of quickly removing the skin. This extreme form of punishment left criminals "half dead" with torn skin, exposed muscles and excessive bleeding.

DAY 4: MADE WHOLE IN YOUR SOUL

"Beloved, I pray that all may go well with you and that you may be in good health, as it goes well with your soul."

3 John 1:2 ESV

The soul refers to your volition (will), emotions, and mind. The sacrifice of Jesus on the cross was not just for the healing of our bodies, but for the healing of our souls as well.

In the Garden of Eden, when Adam and Eve chose to eat the forbidden fruit and disobey God, they forfeited for all mankind the ability to align with God's will. The first place Jesus shed His blood to redeem our willpower was in another garden—the Garden of Gethsemane. It is in this garden that Jesus cries out to His Father, "Nevertheless, not as I will, but as you will." The Bible says Jesus actually sweat drops of blood.

Hematomidrosis is a rare medical condition where blood vessels break beneath the skin, causing blood to come through the pores like sweat. Jesus was redeeming our ability to break free from our will that is prone to sin and align with God's perfect will for our lives.

Isaiah says that Jesus was bruised for our iniquities.

A bruise is bleeding on the inside. Iniquity, doing our own will instead of God's, always causes emotional pain, but Jesus was bruised to pay for all emotional pain so that we don't have to live with it.

Finally, we have been given the mind of Christ (1 Corinthians 2:16), as well as weapons to take every thought captive and make it obedient to Christ (2 Corinthians 10:5). Jesus does not rid our sin from our flesh, but He became our righteousness and covers our sin.

Take a few moments to assess which things you spend most of your time thinking about—are these things healthy or unhealthy? Take captive the unhealthy thoughts and surrender them to Jesus, who guards your heart and mind with His peace.

If you're struggling with your identity in Christ and you need affirmation and encouragement, there are printable and downloadable resources available at: livingsozo.org/resources.

DAY 5: FROM SLAVES TO SONS

“For God has done what the law, weakened by the flesh, could not do. By sending his own Son in the likeness of sinful flesh and for sin, he condemned sin in the flesh, in order that the righteous requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit.”

Romans 8:3-4 ESV

Typically, we refer to ourselves as human beings, but really we are spirit beings, or eternal beings. When we pass on from this life, it is our spirit that will be taken up to heaven if we have received Christ. Often, when believers in Jesus commit a sin, we will make comments such as, “I need to die to my flesh more. My flesh took over.” This type of statement causes us to strive for something that has already happened!

The Word of God tells us in Romans that when we lived by the law, the weakness of our flesh—our inclination to give in to the sinful nature—was exposed. But what the law couldn’t do, God did by sending Jesus in the flesh to pay the debt of sin and restore our spirit to God!

Reading through the first 8 verses of Romans 8, we might be tempted to believe that we as believers can sway from flesh to spirit. But in verse 9,

Paul, says to us, “If you have received Jesus, you are not in the flesh, you are in the Spirit!” Verse 15 tells us that we have been given the Spirit of adoption, where His Spirit confirms with our spirit that we are children of God. This does not mean that we will never sin again, but it does mean that our right standing with God does not change because Jesus Christ made our spirit whole again.

Meditate on the last sentence. There is so much hope that comes with knowing that even when we sin, our place with God doesn’t change. Spend some time focusing on that hope and rejoicing that you belong to Christ Jesus whose Spirit living in you is greater than the spirit who lives in the world.

